

Life Vision Canvas

A single-page canvas to map the life you're designing across every area.

Purpose & Meaning

What gives my life meaning?

What do I want to be known for?

Health & Energy

How do I want to feel in my body?

Relationships

The connections I want to nurture:

Work & Contribution

The work I want to do:

Growth & Learning

What I want to learn or become:

Lifestyle & Joy

How I want my days to feel:
